



The Success System That Never Fails

Follow-Up Workbook

Success System That Never Fails

The Simple 6 Masterclass 30-Day Follow Up & Follow Through Guide

Congratulations on attending the Simple 6 Masterclass! This is a major step in learning what to do. It's what winners do.

As you learned in the Simple 6 Masterclass, successful distributors simply do the things unsuccessful distributors make a conscious decision not to do.

The Simple 6 defines the six behaviors that winners engage in and develop into habits. All you need to do to build a big team - and manifest their expectations - are 4 simple things:

One: Simply 'copy' the 6 easy-to-learn and easy-to-teach behaviors. Remember, duplication is just a 4-syllable word for 'copy'

Two: It takes most people about 30 days to establish a new habit. Use this guide for 30 days to both reinforce and expand what you learned at the Simple 6.

Three: Keep the Main Thing the Main Thing.

Four: Work the 3-Deep Pattern. Put pressure on your Up-team and teach your teams to put pressure on you. How? By keeping the Main Thing the Main Thing. Learn what to do and teach it, hands on, with your teams. Teach by doing.

This Simple 6 Masterclass 30-Day Follow Up & Follow Through Guide[©] is a way to make all 4 of those things happen and avoid the temptation to train instead of work

DAY 1

All success begins in the mind. While skills will build your business, and teams will build it big and fast, it really starts in the mind. So, each day you'll find something for the mind as well as actions to move your business a little further each day. Consistency based on good habits is the pathway to power.

A little journaling each day will trigger progress. Short answers are fine! Just think, do and journal every day.

FOR THE MIND

Review your notes for DMP, Definite Major Purpose.
Read your DMP 3 times today aloud.
Repeat the phrase "Do It Now" 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

How would it feel to obtain your DMP?

DAY 2

FOR THE MIND

Review your notes for PMA, Positive Mental Attitude
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

How did you do with the mental diet today and how can you improve tomorrow?

DAY 3

FOR THE MIND

Review your notes for POA, Plan of Action.
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

How do you feel about following your “Power Week” you created at the Simple 6?

DAY 4

FOR THE MIND

Review your notes for Retail

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

View Fusion training [link in workbook, Behavior 4]

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

How do you think you would feel if you added 2 new customers a week for one year?

DAY 5

FOR THE MIND

Review your notes for Recruiting

Read your DMP 3 times today aloud.

Repeat the phrase “Do It Now” 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

View the Most People Skill [link in workbook, Behavior 5]

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

What if you recruited people by talking to them the way you’d like to be talked to?

DAY 6

FOR THE MIND

Review your notes for Follow up and Follow thru
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

*Extra Mile Day
Add minimum of 4 new names and numbers
Contact at least 3 new persons about your business

JOURNAL

What does the statement, “there is never a traffic jam on the extra mile” mean to you?

DAY 7

FOR THE MIND

Review your notes for the entire Simple 6
Set a date with each member of your family
Set your work schedule for the week

FOR THE BUSINESS and THE JOURNAL

Review the week in your mind and answer the following two questions regarding this past week. Do this prior to setting your schedule up.

What did I do right?

What can I improve?

DAY 8

Much will look repetitive. It is. It's not that winners do certain things, it's that they things in a certain way. That certain way? They master the basics with joyful repetitions.

FOR THE MIND

Review your notes for DMP, Definite Major Purpose.

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

Add 3 new names and numbers

Contact at least 1 new person about your business

JOURNAL

What is your heart telling you about working through this material like a winner?

DAY 9

FOR THE MIND

Review your notes for PMA, Positive Mental Attitude
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

List 10 positive things about yourself

DAY 10

FOR THE MIND

Review your notes for POA, Plan of Action.
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

I believe an accountability partner is crucial because...

DAY 11

FOR THE MIND

Review your notes for Retail

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

View Fusion training [link in workbook, Behavior 4]

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

List 10 things you saw today that were positive...

DAY 12

FOR THE MIND

Review your notes for Recruiting

Read your DMP 3 times today aloud.

Repeat the phrase “Do It Now” 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

View Most People Skill [link in workbook, Behavior 5]

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

How do you feel about doubling up on the number of people you contact about the business daily, beginning today?

DAY 13

FOR THE MIND

Review your notes for Follow up and Follow thru
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

*Extra Mile Day
Add minimum of 8 new names and numbers
Contact at least 4 new persons about your business

JOURNAL

What does the statement, “there is never a traffic jam on the extra mile” mean to you?

DAY 14

FOR THE MIND

Review your notes for the entire Simple 6
Set a date with each member of your family
Set your work schedule for the week

FOR THE BUSINESS and THE JOURNAL

Review the week in your mind and answer the following two questions regarding this past week. Do this prior to setting your schedule up.

What did I do right?

What can I improve?

DAY 15

It's not that winners do certain things, it's that they do things in a certain way. Congratulations! You are starting week 3 of mastering the Simple 6. Winners master basics and teach them to their team by demonstrating these things to their teams.

FOR THE MIND

Review your notes for DMP, Definite Major Purpose.

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

Add 3 new names and numbers

Contact at least 1 new person about your business

JOURNAL

What does "first things first" mean to you and how does it apply to your business?

DAY 16

FOR THE MIND

Review your notes for PMA, Positive Mental Attitude
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

List 10 things you’d like to do before you die

DAY 17

FOR THE MIND

Review your notes for POA, Plan of Action.
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

Why is an accountability partner important to you?

DAY 18

FOR THE MIND

Review your notes for Retail

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

View Fusion training [link in workbook, Behavior 4]

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

Spot 3 acts of kindness and jot them down

DAY 19

FOR THE MIND

Review your notes for Recruiting
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

View Most People Skill [link in workbook, Behavior 5]
Add minimum of 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

List the most important benefit of succeeding in your MLM. Once you've done that, write a couple sentences as to how it would really make you feel and why you believe it will effect your life and the lives of those you love.

DAY 20

FOR THE MIND

Review your notes for Follow up and Follow thru
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

*Extra Mile Day
Add minimum of 8 new names and numbers
Contact at least 4 new persons about your business

JOURNAL

What does the statement, “there is never a traffic jam on the extra mile” mean to you?

DAY 21

FOR THE MIND

Go back to and read your responses to the “JOURNAL” questions for the previous 20 days.

Did you notice a pattern? Do you see you are growing simply by following through? How do you feel about your effort?

FOR THE BUSINESS and THE JOURNAL

Review the week in your mind and answer the following two questions regarding this past week. Do this prior to setting your schedule up.

What did I do right?

What can I improve?

DAY 22

To do great things, think great thoughts. Filling your mind daily with your DMP and the skills to succeed are the only two things required to begin thinking great thoughts

FOR THE MIND

Review your notes for DMP, Definite Major Purpose.

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

Add 3 new names and numbers

Contact at least 1 new person about your business

JOURNAL

List 4 great thoughts

DAY 23

FOR THE MIND

Review your notes for PMA, Positive Mental Attitude
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

Write out your favorite quote and then a couple sentences as to why that quote is important to you

DAY 24

FOR THE MIND

Review your notes for POA, Plan of Action.
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

Write the name of one person you think is “great” and then explain, in writing why you believe they are great

DAY 25

FOR THE MIND

Review your notes for Retail

Read your DMP 3 times today aloud.

Repeat the phrase "Do It Now" 25 times quickly

Read your partners dream you received

FOR THE BUSINESS

Add minimum of 2 new names and numbers

Contact at least 1 new person about your business

JOURNAL

List 10 things you like about yourself

DAY 26

FOR THE MIND

Review your notes for Recruiting
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

Add minimum of 2 new names and numbers
Contact at least 1 new person about your business

JOURNAL

What character trait do you most admire in others? Why?

DAY 27

FOR THE MIND

Review your notes for Follow up and Follow thru
Read your DMP 3 times today aloud.
Repeat the phrase “Do It Now” 25 times quickly
Read your partners dream you received

FOR THE BUSINESS

*Extra Mile Day
Add minimum of 8 new names and numbers
Contact at least 4 new persons about your business

JOURNAL

Look at the “JOURNAL” entry from yesterday then write out how it would make you feel to have others feel that about you.

DAY 28

FOR THE MIND

Review your notes for the entire Simple 6
Set at date with each member of your family
Set your work schedule for the week

FOR THE BUSINESS and THE JOURNAL

Review the week in your mind and answer the following two questions regarding this past week. Do this prior to setting your schedule up.

What did I do right?

What can I improve?

DAY 29 & 30

You've done it!

Today and tomorrow read the days 1-28 and really feel a sense of accomplishment. It is important that you take the time to feel a sense of accomplishment, improvement and progress. Give yourself this gift of feeling good about keeping your word to yourself.

FOR THE MIND AND HEART

Read and mail that letter you got at the Simple 6 back to your partner

FOR YOUR BUSINESS

You know what to do! You've established 2 great habits so just keep executing!

Habit 1 – Reading your DMP daily

Habit 2 – Adding names, numbers and contacting people daily

Schedule your work weekly [OATS] and keep the Main Thing the Main Thing.